

Programs of the South Central Connecticut Agency on Aging:

Aging Resource Center

Source of information, referral and assistance on insurance issues, government programs, community resources, benefits screening/ completion of applications, and care giving support

785-8533

1-800-944-9422

SCCAA Home Care Program for Elders

Program provides eligible individuals with assessment, care management and payment for home and community-based services

752-3040

1-800-445-5394

Respite Programs

For those ineligible for the Home Care Program, but otherwise in need, care management services and limited support for home care services

785-8533

Volunteer, Training and Employment Programs

Provide opportunities for paid, stipended and volunteer positions.

752-3059

A Guide to Services, Programs and Benefits for Seniors and Care Givers

**in Greater New Haven and the
Lower Naugatuck Valley**

South Central Connecticut Agency on Aging

**One Long Wharf Drive
New Haven, CT 06511**

(203) 785-8533

1-800-994-9422

Aging Resource Center
Home Care Program for Elders
Home Share Match
Foster Grandparent Program
Opportunities for Older Adults
Respite Programs
Retired and Senior Volunteer Program
Senior Community Employment
Senior Companion Program

What is the South Central Connecticut Agency on Aging ?

SCCAA is a private nonprofit organization incorporated in 1974 and designated as an Area Agency on Aging (AAA), one of five regional AAA's in the state of Connecticut. Each AAA is responsible for planning, coordination, advocacy and allocation of funds to social services and nutrition programs designed to meet the needs of those age 60 and older.

Service Area

Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Haven, North Branford, Orange, Oxford, Seymour, Shelton, Wallingford, West Haven, Woodbridge

CT Home Care Program for Elders also serves:

Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Lyme, Middlefield, Middletown, Old Lyme, Old Saybrook, Portland, Westbrook

Mission Statement

To provide a continuum of opportunities, care and support services that allow older Americans to remain in their homes and communities, avoiding unwanted and unneeded institutionalization, and to age in place with dignity, respect and maximum independence.

Greater New Haven Services (cont.):

Milford Transit

Medical transportation by appointment

874-4507

North Haven

Medical transportation within North Haven and to New Haven

239-5432

Orange

Medical transportation to Hamden, Milford, New Haven, Orange, Valley, and West Haven

891-2156

West Haven

Medical transportation within West Haven

934-6398

Woodbridge

Medical transportation within Woodbridge

389-3430

Lower Naugatuck Valley Services:

T.E.A.M.

Medical transportation within the Valley and to Greater New Haven by appointment

874-4507

Valley Transit

Medical transportation by appointment

874-4507

Meriden Services:

Meriden Senior Center

Medical transportation by appointment

237-0066

Meriden Transit

Medical transportation by appointment

235-6851

TRANSPORTATION

Department of Transportation

Half-fare I.D. cards for Connecticut transit buses
860-525-9181

Medicaid Transportation

Medical transportation by appointment for participants of the Medicaid program
888-248-9895

Greater New Haven Services:

Community Action Agency

Medical transportation within Greater New Haven
387-7700
ext. 265

East Haven Volunteer Program

Medical transportation to Branford, East Haven, and North Branford
481-4233

Greater New Haven Transit “My Ride”

Medical transportation to New Haven, East Haven, Hamden, North Haven, Orange, West Haven, and Woodbridge
288-6282

Hamden

Medical transportation within Hamden and to New Haven
288-2885

Mary Wade Home

Weekend transportation within Greater New Haven

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ADVOCACY GROUPS

Board of Education and Services for the Blind

Employment assistance, services, case management
800-842-4510

Bureau of Rehabilitation Services

Assists in vocational, rehabilitation, independent living and disability determination services
800-537-2549

Center for Independence and Access

Advocacy and resource center for individuals with disabilities
562-3924

Commission on Persons with Disabilities

Information, referral, technical assistance and advocacy
630-4045

CT Coalition of Citizens with Disabilities

Advocacy and protection of civil rights
488-0391

Connecticut Commission on Aging

Information and legislative advocacy
860-424-5360

Connecticut Commission on the Deaf and Hearing Impaired

Provides interpreting, job counseling/placement, and personal/family counseling
800-708-6796

Property Tax Relief (cont.):

East Haven	468-3233
Guilford	453-8010
Hamden	287-2520
Madison	245-5652
Meriden	630-4065
Milford	783-3215
New Haven	946-8596
North Branford	235-6013
Orange	891-2122
Oxford	888-2543
Seymour	881-5013
Shelton	924-1555
Wallingford	294-2001
West Haven	937-3515
Woodbridge	389-3416

TOWN RESOURCES

Senior Centers:

Ansonia Senior Center	736-5933
Branford Senior Center	481-3429
Bethany Senior Center	393-3648
Derby Senior Center	736-1484
Guilford Senior Center	453-8009
Hamden Senior Center	287-2548
Madison Senior Center	245-5627
Meriden Senior Center	237-0066
Milford Senior Center	877-5131
New Haven Elderly Services	946-7854
North Branford Senior Center	315-6017
Orange Senior Center	891-2514
Oxford Senior Center	888-9436
Seymour Senior Center	888-2507
Shelton Senior Center	924-9324
Wallingford Senior Center	265-7753
West Haven Senior Center	937-3507
Woodbridge Senior Center	389-3429

Property Tax Relief:

Local tax assessors accept and process applications from individuals eligible for property tax relief. Please call your town office for eligibility information.

Ansonia	736-5930
Branford	488-2039
Bethany	393-2100
Derby	736-1455

CT Dept. of Mental Retardation

Coordinates and oversees services for developmentally disabled people of all ages

800-505-7000

CT Dept. of Veteran's Affairs

Provides education, training, vocational rehabilitation, health care, life insurance, burial benefits

931-0460

Converse Communication Center

Message relay and telecommunication information and referral

800-743-1219

New Haven Disabilities Services

946-7833

Office of Protection and Advocacy

Promotes the rights of persons with disabilities

800-842-7303

Opportunities for Older Adults

Companionship and social programs for older adults with developmental disabilities

752-3059

Services for the Deaf and Hearing Impaired

Advocacy and services

566-7414

State Rehabilitation Services

Vocational rehabilitation and independent living

789-7867

Clinics/Health Services

Community Health Clinics:

Greater New Haven:

Dixwell Health Center	503-3420
Fair Haven Health Center	777-7411
Hill Health Center	503-3000
West Haven Health Center	503-3400

Lower Naugatuck Valley:

Ansonia Health Connection	503-3570
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Meriden:

Laplanche Clinic	237-0300
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Dental Clinics:

CHC Meri-Care Dental	639-3500
CT Dental Association	860-278-5550
Hill Health	
New Haven	503-3040
Derby	736-5460
Miller Memorial	237-8815
Milford Health Dept.	503-3000

Geriatric Assessment Clinics:

Provide comprehensive medical, psychological, cognitive, and social assessments of older adults.

Dorothy Adler Center	688-6361
Hospital of St. Raphael	789-4222

Heart Disease:

Hospital of St. Raphael	789-3000
Griffin Hospital	735-7421
Veteran's Memorial	238-8505
Yale New Haven Hospital	785-2611

Hospice

Branford	315-7500
Shelton	944-0900
Wallingford	294-9320

Parkinson's:

Hospital of St. Raphael	
Parkinson's Association	789-3936 888-400-2732

Stroke:

Bishop Wicke Health Center	924-5321
Hospital of St. Raphael	789-4026

Traumatic Brain Injury:

Southern CT State University	392-5200
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SUPPORT GROUPS

Referrals to Support Groups:

Infoline 211

Arthritis:

Arthritis Support Group 735-7421

Bereavement:

Hospital of St. Raphael 789-3000

MidState Medical Center 694-8200

New England Center 458-1734

Cancer:

Yale Cancer Center 422-6237

Diabetes:

VA Healthcare System 932-5711

Grandparents Raising Grandkids:

Consultation Center 789-7645

Grandparents on the Move 946-7443

Village Grandparents 407-3172

VNA of Wallingford 269-1475

Wexler Grant Resource Center 946-6921

Yale Family Support Service 785-6862

Geriatric Assessment Clinics (cont.):

Masonic Geriatric Health 284-3900

Mid-State Medical Center 237-3000

Shelton Lakes 922-3666

Health Promotion Programs:

Health Ministry Partnership 639-8030

Hospital of St. Raphael 789-3533

Valley Parish Nurses 732-7584

St. Raphael Parish Nurses 789-3249

Hospitals:

Griffin Hospital 735-7421

Hospital of St. Raphael 789-3000

MidState Medical Center 694-8200

Milford Hospital 876-4000

VA Connecticut Healthcare 937-3824

Yale/New Haven Hospital 688-2000

Mental Health/Substance Abuse Prevention & Treatment:

Dept. of Mental Health 800-842-4424

Hill Health Center 503-3000

Meriden/Wall. Council 294-3591

Valley Council 736-8566

Senior Membership Clubs:

Prestige Club 789-3777

CareCard 630-5373

Mature Advantage 732-7555

ELDER ABUSE/CRISIS SUPPORT

Elder Abuse:

Support for victims of abuse and financial exploitation

Ombudsman Program

Protection and advocacy for residents of nursing homes

974-3030

Elderly Protective Services

Protection and advocacy for individuals living in the community

974-8029

Domestic Violence Services of Greater New Haven Hotline

24-hour hotline, emergency shelter, individual counseling, outreach, education and support groups

789-8104

Project Safe Talk

Telephone support for victims of elder abuse

238-1501

The Umbrella

Outreach, education, counseling, support group, case management

736-2601

Crisis Support:

Emergency

911

Infoline suicide hotline

211

MEALS

Community Cafes:

The following sites serve a hot, balanced lunch meal Monday through Friday. A donation is requested.

Ansonia	Doyle Senior Center	736-5933
Branford	Canoe Brook Center	481-3429
Derby	Derby Senior Center	736-1486
East Haven	East Haven Center	468-3277
	Woodview Housing	469-7781
Hamden	Davenport/Dunbar	248-3924
	Miller Center	287-2548
Madison	Madison Senior Center	245-5686
Meriden	Casa Boricua	235-9503
	Meriden Senior Center	235-8052
Milford	Milford Senior Center	877-5131
New Haven	Atwater Senior Center	946-8558
	Bella Vista Housing	946-8553
	Casa Otonal	773-1847
	Dixwell Senior Center	946-8541
	East Shore Senior Center	946-8544
	Jewish Comm. Center	387-2522
	Salvation Army	624-9891
	West River Senior Center	946-8543
	West Rock Senior Center	946-8542
	Westville Senior Center	946-6025
No. Haven	North Haven Sen. Center	249-4030
Orange	Orange Senior Center	891-2954
Seymour	Rev. Callahan House	888-4579
Wallingford	Wallingford Sen. Center	265-7753
West Haven	Allintown Senior Center	937-3509
	Bayshore Housing	932-8995
	Surfside Housing	934-1504
	West Haven Sen. Center	937-3507

Meals-on-Wheels:

CAA/New Haven

387-7700

TEAM/Valley

736-5420

LEGAL ASSISTANCE

Statewide Legal Services

Screening, advice, self-help materials and representation to income-eligible individuals.

860-344-0380

800-453-3320

New Haven Legal Assistance

Screening, advice, self-help materials and representation to income-eligible individuals.

946-4811

Center for Medicare Advocacy

Screening, advice, educational materials and legal representation on Medicare issues.

800-262-4414

Consumer Law Project for Elders

Advice and legal representation on consumer/medical debt and identify theft.

800-296-1467

ENERGY ASSISTANCE

Greater New Haven:

Community Action Agency **387-7700**

Fuel Bank ext. 214

Energy Assistance ext. 210, 211, 212

Intake sites:

Christian Community Action 777-7848

Dixwell/Newhallville

Dixwell Neighborhood Corp. 562-2178

Dixwell Senior Center 946-8541

East Haven Senior Center 468-3303

East Shore Senior Center 946-8544

Fair Haven Parents Ministry 865-5585

JUNTA 787-0191

M.L. Keefe Center 562-5129

Miller Senior Center 287-2691

New Haven Elderly Services 946-8585

North Haven Community Services 239-2566

West Haven City Hall 937-3572

West Rock Neighborhood Corporation 389-2614

Weatherization 397-5469

Branford 481-3429

Guilford 453-8009

Madison 245-5655

Milford 783-3253

Orange 891-2154

Woodbridge 389-3429

Lower Naugatuck Valley:

T.E.A.M., Inc. 736-5420

Meriden:

New Opportunities for Greater Meriden 235-0278

FINANCIAL HELP

Income:

Social Security Administration

National office	800-772-1213
Ansonia office	735-6201
New Haven office	773-5201
Meriden office	238-0346

Supplemental Security Income

An additional monthly social security benefit for individuals with very low income

800-773-2160

State Supplement for the Aged

Monthly state benefit for those with very low income

789-7555

State Administered General Assistance

Income, health coverage and food stamp benefits for individuals with no other source of income

974-8000

Health Care Costs:

ConnPACE

Subsidizes the cost of prescription drugs for income-eligible individuals

800-423-5026

Qualified Medicare Beneficiaries

Pays for monthly Medicare premiums, deductibles, and co-payments for financially-eligible individuals

860-443-9946

INFORMATION/ REFERRAL

Infoline

Telephone referral on a wide range of topics
211

SCCAA Aging Resource Center

Information, referral and assistance on insurance issues, government programs, community resources, benefits screening/completion of applications, and care giving support

785-8533

800-944-9422

HOUSING

SCCAA Aging Resource Center

Free lists of rental housing, congregate housing, homes for the aged, assisted living organizations, and continuing care retirement communities. Information on reverse annuity mortgages.

785-8533
800-944-9422

New Haven Legal Assistance

Information, self-help and representation on tenant's rights, utility cut-off and eviction

946-4811

Town Housing Authorities

For information on subsidized rental apartments and congregate housing.

Ansonia	736-8888
Branford	481-3194
Derby	735-6652
East Haven	468-3287
Guilford	453-4760
Hamden	248-9036
Madison	245-5600
Meriden	235-0157
Milford	877-3223
New Haven	498-8800
North Branford	488-5664
North Haven	239-2700
Orange	891-8265
Oxford	881-9555
Seymour	888-4579
Shelton	924-2736
Wallingford	269-5173
West Haven	934-8671

HEALTH INSURANCE

SCCAA CHOICES Program

Unbiased information and assistance on Medicare, supplemental insurance, Medicaid, long-term care insurance, prescription drug assistance, and federal/state programs

785-8533
800-944-9422

National Medicare Information

800-633-4227

TTY/TDD **877-486-2048**

Medicare Part A

Inpatient care in hospitals and skilled nursing facilities, home health care, hospice care

800-442-8430

Medicare Part B

Doctors' services, outpatient hospital care, therapies, home care

800-982-6819

Medicare Durable Medical Equipment

Equipment such as wheelchairs, hospital beds, oxygen and walkers

800-842-2052

Medicare Peer Review Organization

800-553-7590

Regional Home Health Intermediaries

888-896-4997

HOME CARE/ADULT DAY CARE

SCCAA Home Care Program for Elders

Program provides eligible individuals with assessment, care management and payment for home and community-based services

752-3040
800-445-5394

Respite Programs

For those ineligible for the Home Care Program, but otherwise in need, care management services and limited support for home care services

785-8533

Greater New Haven:

Community Action Agency Chore/Grocery Program

Assistance with heavy duty housecleaning and grocery shopping/delivery for the homebound

387-7700
ext. 222

Interfaith Volunteer Caregivers

Friendly visiting, intergenerational programs, medical and social transportation, respite

230-8994

Lower Naugatuck Valley:

T.E.A.M., Inc.

Assistance with homemaking, including cleaning, grocery shopping and laundry

736-5420

Interfaith Volunteer Caregivers

Friendly visiting, intergenerational programs, medical and social transportation

922-1201

Meriden:

New Opportunities for Greater Meriden

Assistance with chores and grocery shopping

235-0278

ADULT DAY CARE:

Supervised socialization and care for frail elders and those with dementia. Services include meals, bathing, nursing care and recreation.

Greater New Haven:

Clelian	288-4151
East Shore Regional	481-7110
Goodwin-Levine	
New Haven	789-1650
Woodbridge	387-2886
Highland Club	931-8631
Mary Wade Home	562-7222
Ahrens Program	877-5131
Partnerships	248-8854
Strong House	245-0436
West Haven	937-3658

Lower Naugatuck Valley:

Edward L. Miller	922-3674
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Meriden:

Specialized Adult Day Care	284-8484
Wallingford Senior Center	265-7753

